

Kirklees Services Directory:

Thriving Kirklees includes Northorpe Hall, NHS South West Yorkshire Partnership, Locala, Home Start, Yorkshire Children's Centre – **0300 304 5555** (Chat Health text for parent/carers **07520 618867**, for young people **07520 618866**)

<https://www.thrivingkirklees.org.uk/>

Internal Pathway:

- **Locala 0-19yrs pathway** – low level anger, behaviour support, low mood, anxiety, sleep, diet and nutrition (brief intervention, contact **0300 304 5555**)
NTH Lead is Anita Russell <https://www.locala.org.uk/>
- **CAMHS** – Child and adolescent mental health services including the neurodevelopmental pathway led by NTH staff Emma Davie and Angie Lupton (**Kirklees 01484 343783/Calderdale 01422 262380**)
<https://www.southwestyorkshire.nhs.uk/services/camhs-kirklees/>
- **Insight Team** – Early Intervention in psychosis for people aged 14-35 years (**01484 343738**) <https://www.southwestyorkshire.nhs.uk/services/insight-team-early-interventions-in-psychosis/>

Duty and Advice – Professionals only – 01484 414960

Early Support – Kirklees Direct 01484 456823, Switchboard - 01484 221000

EarlyHelpAccessTeam@kirklees.gov.uk

- Parenting Support programmes like STEPS, PX2, Speakeasy, Strengthening Families, Strengthening Communities, SEN Family Links and Liberty to support behaviour in the home. Info.ParentingSupport@kirklees.gov.uk
- Family Group Conferencing brings family members together to develop a safe plan. Family.GroupConferencing@kirklees.gov.uk
- Multi-Systemic Therapy – restorative, evidence-based intervention working intensively with the families of young people 11-17 displaying challenging anti-social and offending behaviours. Kieran Lord on **01484 221000** or email Kieran.lord@kirklees.gov.uk
- Mental Health in Families, supporting families with parents with poor mental health – mentalhealthinfamilies@kirklees.gcsx.gov.uk
- Home-Start – volunteer home-visiting support offering practical health and emotional support as long as there is a child under 5 in the home **01484 421925** www.homestart-kirklees.org.uk
- Community Plus is divided into hubs and provide a short term intervention of 4 to 6 weeks working alongside individuals of all age groups to prevent, reduce and delay dependence and demand on social and health care provision – <https://www.kirklees.gov.uk/beta/voluntary-and-community-support/community-plus.aspx>
- Early Years Outcomes Team Rachael Singleton on **07528252496** or rachael.singleton@kirklees.gov.uk

- Community Hubs supporting schools – Karen Walsh on **01484 221000** or karen.walsh@kirklees.gov.uk Tracy Bodle on **07528988878** or tracy.bodle@kirklees.gov.uk
- Risk and Vulnerability Team combines the previous Missing Children and CSE teams and Sarah Goodall can be contacted on **01484 221000** or **01924 431499** sarah.goodall@kirklees.gov.uk and can be accessed via social worker who can book into wellbeing clinic. Eleanor Wright is NTH lead, working with LAC children with emotional needs in addition to LD.

Specialist School Provision – 01924 483744 <https://www.kirklees.gov.uk/education>
e.g. CCI (Complex Communication Interaction – used to be Autism Outreach), Educational Psychologist), EHCP, PRU, Attendance and Pupil Support (**01484 221919**) <https://www.kirklees.gov.uk/beta/schools-and-education.aspx>

SALT – Concerns with speech and language for young people:
<https://www.locala.org.uk/your-healthcare/childrens-speech-language-therapy/>

KIAS – Information, advice and support relating to a young person aged 0-25's special educational needs or disability (**0300 3301504**) <http://www.kias.org.uk/>

SEND – Kirklees Local Offer – gives children and young people aged 0-25 with special educational needs or disabilities, and their families information about what is available in Kirklees across education, health and social care;
www.kirkleeslocaloffer.org.uk

Kirklees Safeguarding Children's Board –
<https://www.kirkleessafeguardingchildren.co.uk/>

Kirklees Youth Offending Team – Aim to prevent offending by children and young people: **YOT South – 01484 226263** (1st Floor Somerset Buildings, 10 Church St, Huddersfield, HD1 1DD

YOT North – 01924 482118 (Young Batley Centre, Thomas St, Carlinghow, Batley, WF17 8PR

Gangs – Information about gangs and where to go for help;

Gangs@kirklees.GCSX.gov.uk

<https://www.kirklees.gov.uk/beta/adult-social-care-providers/pdf/ksab-8-gangs.pdf>

For Young People under 19

KOOTH – Free, safe and anonymous online counselling support for 11+
www.kooth.com

Barnardos Young Carers – young carers 8-18 years (**01484 426100**)

<http://www.barnardos.org.uk/kirklees-young-carers/service-view.htm?id=242341151>

yOUTH Services Brunswick Centre – HIV support and LGBT Project supporting young people and their parents/carers (**01484 541589**)

<https://www.thebrunswickcentre.org.uk/services/youth-services>

The Base – drug and alcohol support service for people up to 21yrs old and support for parents and carers. They also have a Hidden Harm Project providing support for young people who have concerns about parent /carers struggling with drug/alcohol

issues (01484 541589) Alice Quarterless-Oates is the NTH lead for this.

<https://kirkleesinrecovery.com/services/cgl-thebase/>

Luke's Lads – Mental Health Support groups for males ages 11+ to 15 in addition to adults <https://www.lukeslads.co.uk>

Butterflies – Mental Health Support Group for females ages 11+ to 15 in addition to adults <https://www.butterfliesmentalhealth.co.uk/>

Yorkshire Children's Trust – Primarily set up by parents to support families of children with cancer, they now offer counselling for children and young people. They also offer respite breaks for families. <https://www.yctrust.uk/>

Supporting adults and families

Carers Count – support for carers (including parent carers), access to wellbeing activities and groups (0300 120231) <https://www.carerscount.org.uk/>

Connected Persons Support Team – supporting all connected carers, special guardians, foster carers (Debs – 07870590283)
https://kirkleeschildcare.proceduresonline.com/p_place_fam_friend.html

Kirkwood Hospice – pre & post bereavement support for children and families (01484 557910) <https://www.kirkwoodhospice.co.uk/>

Martin House Community Bereavement Service – bereavement support for families following the death of a young person aged 0-25 years (01937 845045)
<https://www.martinhouse.org.uk/>

Chart – drug and alcohol service for people aged 18+ (01484 353333/01924 438383) <https://kirkleesinrecovery.com/services/chart-kirklees/>

Women's Centre – emotional and practical support for women aged 18 years+ in Kirklees and Calderdale (01484 450866) <https://womenscentre.org.uk/>

IAPT – Choice of services for people aged 18 years+ experiencing common mental health problems such as low mood, anxiety, panic, stress and OCD (01484 343700)
www.kirkleesiapt.co.uk

The Southwest Yorkshire Mental Health Trust – provide specialist mental health and learning disability services across Kirklees, Calderdale and Wakefield;
<https://www.cht.nhs.uk/services/mental-health-services/> SPA- 01924 316830

Fusion Housing – Courses and volunteering opportunities for adults 01484 532280
<https://www.fusionhousing.org.uk/>

PCAN – independent, parent-led forum for parents and carers of young people aged 0-25 years with additional needs. PCAN welcomes any parent or carer, whether they are just becoming aware that their child may have additional needs or whether they have a child with a confirmed diagnosis (07754 102336) www.pcankirklees.org

The Whole Autism Family – voluntary group in Kirklees offering support and guidance to families impacted by autism (07564 256626)
<http://thewholeautismfamily.co.uk/>

Huddersfield Support Group for Autism (HSGA)– Can be contacted through the website – info@hsga.org.uk

Andy's Man Club – Support for men over 18 and can be contacted via the website:
www.andysmanclub.co.uk

Men's Sheds – Friendship building, sharing skills and knowledge, reducing isolation for men over 18 (01484 421143) <https://menssheds.org.uk/>

Sky Positive Minds – Free and confidential drop-in service at Dewsbury Moor and Scout Hill Children's Centre, 100 Heckmondwike Rd, WF13 3NT for women and teenage girls providing careers advice, parenting tips, housing/benefits advice and strategies to tackle anxiety and low mood while boosting confidence and communication – www.SkyPositiveMinds.org.uk / 07809430845

Pennine Domestic Abuse Service – targeted support, safety planning and crisis intervention for anyone (male or female) experiencing domestic violence aged 16+ in Kirklees (01274 878117/0800 0527222) <https://pdvg.org/>

RELATE – Family Counselling around parental separation and poor relationships for young people and families 10+ (01484 425843) <https://www.relate.org.uk/>

BACP – Professional body representing counselling and psychotherapy with details of BACP registered counsellors (privately funded) www.bacp.co.uk

Socrates – Independent service of clinical psychologists (01484 514594)
<https://www.socrates.org.uk/>

TalkThru – confidential counselling for men and women facing an unplanned pregnancy or baby loss (01484 515137) <http://www.talkthru.org.uk/>

Aunty Pam's – Support for pregnant women and new mums, including benefits advice, peer support and swap shop (01484 414775/01924 438316)
<https://www.kirklees.gov.uk/beta/auntie-pams/index.aspx>

Home-Start Young Parents' Groups – Supporting young mums aged 14-24 (01484 421925) <https://homestart-kirklees.org.uk/>

KRASAC – Kirklees Rape and Sexual Abuse Centre supports survivors of sexual violence. Service can be accessed from age 13+ (01484 450040 or text only 07983628227)
<https://www.kcrasac.co.uk/>

KABWWA (Kirklees Asian and Black Women Welfare Association) - supports women and children from black, Asian and minority ethnic communities who are affected by domestic violence, providing support, advice, information and safe temporary accommodation; 01484 304338/0800 0527222

Better Off Kirklees – website showing the benefits people are entitled to and how to claim them (www.betteroffkirklees.co.uk)

Kirklees Citizens Advice and Law Centre – range of services including support with applying for benefits (0344 848 7970)
<https://kcalc.org.uk/>

Community Links Engagement and Recovery Service (CLEAR) – Recover-focused mental health service for individuals with mental health needs aged 18+ living in Kirklees (01484 519097/01924 465054)
<https://www.commlinks.co.uk/cleargroups/>

S2R Create Space - Promoting positive mental health by providing creative and mindfulness courses for different age groups: 01484 539531
<https://www.s2r.org.uk/>

Sprout – Families who have children with additional needs having fun together in the outdoors 01484 549479/07845415280
<http://www.growingworks.org.uk/sprout/>

GLINT – Horse assisted development and therapy to support people in making positive changes (07887 613670)
<https://www.glint.org.uk/>

The Well-Bean Café – A safe supportive space for adults 18+ experiencing a mental health crisis at Union House, 29 Union Street, Dewsbury on Tuesday, Wednesday and Thursday nights from 7.30 until midnight (07867028755)
<https://www.touchstonesupport.org.uk/services/well-bean-cafe-hope-in-a-crisis-kirklees/>

Peer Talk – Support group for adults struggling with depression in Batley, every Wednesday afternoon at the Community Room, All Saints, Stocks Lane, Batley, WF17 5ED from 1.30-3pm. (07719 562 617)
<http://www.peertalk.org.uk/PeerTalkA5pos-Batley-0518.pdf>