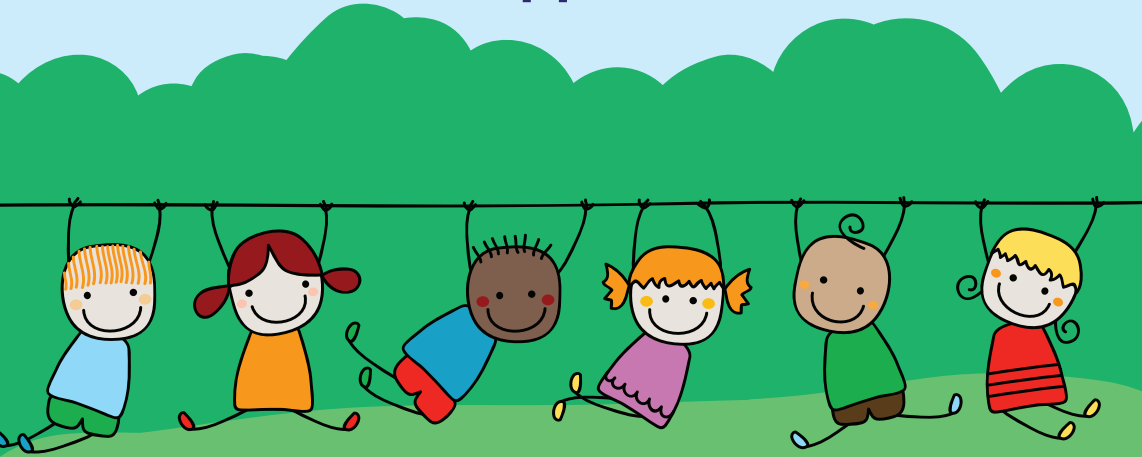


FAMILIES!

Get help with food, advice and support



We know that asking for help from a food bank can feel scary and is usually a last resort, but The Welcome Centre is here to help

If you're struggling financially we can help with weekly food and toiletry packs whilst you get back on your feet. We can help at any time, it doesn't matter if it's the school holidays or term time, and we can help anyone who is struggling, it doesn't matter if you receive free school meals or not.

The Welcome Centre Food Bank and More is an independent charity that can help anyone in Huddersfield and the surrounding areas. We can supply food, toiletries and household cleaning items. If you're struggling to afford to buy the food you need, please contact someone who can support you, for example your GP, teacher, health visitor, housing worker, or counsellor, who will offer help and make a referral to The Welcome Centre for you.

If you don't know who to turn to for help, you can contact one of the organisations below:

- Local Welfare Provision at Kirklees Council - 01484 414 782
- The Mission advice workers - 01484 421 461
- Citizens Advice (Kcalc) - 0344 848 7970

